

WOMEN: WHAT TO STUDY

Minimum Torah Study for Women

For women and minimum requirements for Torah study, see [Introduction to Torah Study](#).

Women: Torah or Tehillim

If a woman can either study Torah or say Tehilim (*Psalms*; recited as prayers), the priority is for her to study any halachot that she needs to observe before saying Tehilim or other prayers.

NOTE However, for the purposes of prayer, saying Tehilim is more important than “saying” (or reading) other parts of Tanach.

Women: Studying Talmud

Women are not prohibited from learning Talmud, but men should not teach them.

NOTE Since women are not required to study Talmud, they do not make a siyum if they complete studying any part.

Women: Blessings over Torah

Women are required to say the blessings over the Torah (*birchot haTorah*) before studying Torah or before praying.