

# SHEHECHEYANU: NEW FRUITS: WHEN FIRST IN SEASON

## SheHecheyanu: New Fruits: When Is First in Season

Say she'hecheyanu when eating a fresh (not dried or frozen) fruit for the first time it appears in the market that season (this does not follow Rosh Hashana or any of the other Jewish “years”).

**NOTE** If a fruit is available year round, never say she'hecheyanu over it.