

SHABBAT: TWO LOAVES (LECHEM MISHNEH): WHICH TO CUT

Friday Night: Cut Lower Challa

On Friday night, hold the two challot together, one on top of the other, but cut the lower one (for kabbalistic reasons).

Saturday Morning: Cut Upper Challa

On Saturday morning, cut the upper challa of the two challot. (For Jewish festivals, cut the upper loaf at night and day.)