

# SHABBAT: SQUEEZING (DASH)

## Shabbat: Squeezing Fruit

On Shabbat, you may squeeze a lemon (or other fruit) onto solid food that you will eat right away but not into a container or into a liquid.

## Shabbat: Squeezing Brine from Tuna

You may squeeze brine from canned tuna on Shabbat but only if you will eat the tuna soon afterward (at your next meal or snack).

## Shabbat: Squeezing Liquid from Cooked Vegetables

You may squeeze liquid from cooked vegetables on Shabbat but only if you:

- Throw out the liquid, and leave some liquid together with the food,
- Eat the vegetables soon afterward (at your next meal or snack).