

# SHABBAT: KIDDUSH: REQUIREMENTS

## Shabbat: Kiddush: Requirements

To do Shabbat kiddush,

- Say, or hear, the Shabbat kiddush blessings/segments, and
- “Establish a meal” (kovei'a se'uda).

For details, see [How To Do Shabbat Evening Kiddush](#) or [How To Do Shabbat Daytime Kiddush](#).

**NOTE** There is never any requirement on an individual to drink kiddush wine (except at the Passover seder), but the kiddush wine must be drunk by one or more persons.

To fulfill kiddush requirements of “establishing a meal,” you need not drink the wine or grape juice (but someone must drink it). Instead, you may hear kiddush and then simply eat the required amount of bread or mezonot (see above). This applies to Shabbat or Jewish festivals, evening or morning.