

SEDER: PRACTICES

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Leaning to the Left

Every male (13 years old and above) at the seder is required by halacha to lean to the left side while:

- Drinking each of the four cups of wine.
- Eating matza for each of these mitzvot: motzi, matza, koreich, afikoman.

Ideally, lean onto something to your left, such as a chair or couch. A pillow is nice but optional.

NOTE Women and girls are not required to lean at any time during the meal.

SEDER: PRACTICES: CUSTOMS

Seder Customs

Here are some seder customs:

1. Have someone else pour the water over your hands for washing before karpas.
2. Have someone else pour your wine for you.