

KASHRUT: PLANTS: THE THREE-BUG RULES

KASHRUT: PLANTS: THREE-BUG RULES: COOKED FOOD

Introduction to Finding Three or More Bugs in Cooked Food

If you find three or more bugs cooked in otherwise kosher food, you must throw out the food, because you must assume that there are more bugs in the food and that the food is therefore not kosher.

Finding One or Two Bugs in Cooked Food

SITUATION You find one or two bugs in cooked food.

WHAT TO DO Just remove the bugs and eat the food.

Finding Bugs in Cooking Water

SITUATION You are cooking food and you find even three or more bugs floating in the cooking water.

WHAT TO DO You may simply pour out the bugs and continue cooking with the water and ingredients that were there, but **ONLY** if you are certain that there are no more bugs anywhere in the food in that utensil.

KASHRUT: PLANTS: THREE-BUG RULES: RAW FOOD

Three or More Bugs in Raw Food

SITUATION You find three or more bugs in raw food.

WHAT TO DO Go through all the food. If you can remove all bugs that are mixed in the food, you may eat the food.