

## Saving a Life (Pikuach Nefesh)

Human life is valued in Judaism, unlike in some other religions. The Talmud says that if someone saves one human life (pikuach nefesh), it is as if he or she saved an entire universe. Almost all halachot may be overridden in order to save a life; the main exceptions are for Adultery, Murder, and Idol Worship—see [Adultery, Murder, Idol Worship](#) .

**EXAMPLE** You may drive a car on Shabbat or even Yom Kippur in order to take a seriously injured or ill person to the hospital. This includes pregnant women who are about to give birth.