

# Jewish Festivals: When You May Take a Painkiller

You may take a painkiller on the first day of Jewish festivals if the pain:

- Affects your entire body, or
- Keeps you awake.

**NOTE** This also becomes the criterion for whether to take the pain killer during the daytime: if the pain you feel during the day would keep you awake if you were trying to sleep.

**NOTE** You may take painkillers without any restrictions on the second Jewish festival day (except Rosh Hashana).