

Synagogue Seat When Mourning for Parent

Change your normal seat in synagogue during the year of mourning for a parent. (The rabbi is not required to change seats). You should move to a seat further away from the aron hakodesh than your previous seat (since seats further from the aron are considered to be less prestigious than those close to the aron).

REASON This is to show humility and that we feel subdued due to the death.