

# BOREI PRI HAADAMA: WHICH FOODS: GENERAL RULES

## Borei Pri HaAdama: Which Foods: General Rules

Say *borei pri ha'adama* on:

- Common vegetables,
- Fruits and nuts that grow on annual plants (such as pineapple, bananas, strawberries, peanuts), and
- Uncooked or unbaked grains, including those not of the *Five Special Grains*.

**NOTE** For when to say *she'hakol*, see [Borei Pri HaAdama: Sprouts](#) .